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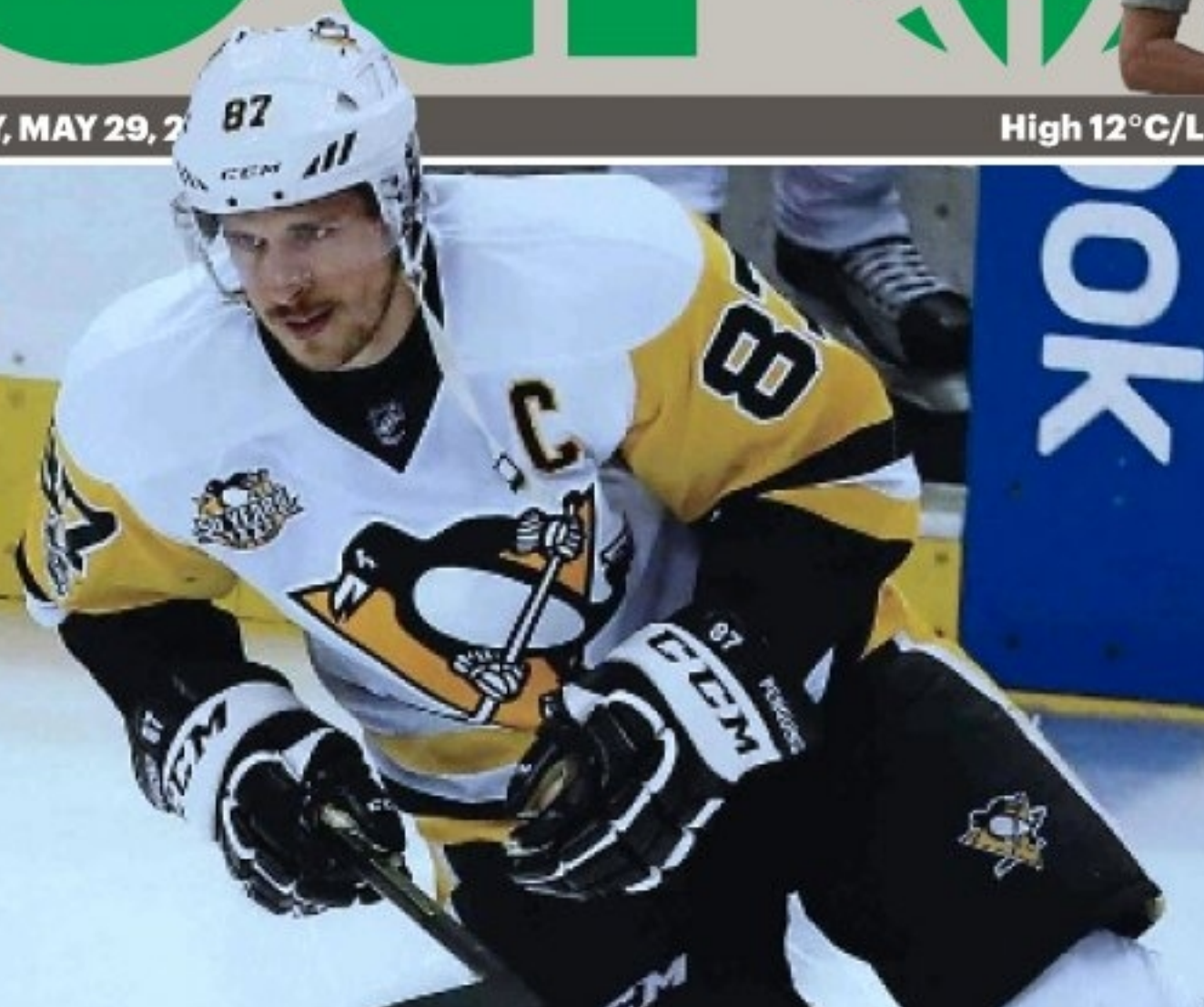


Your essential daily news | MONDAY, MAY 29, 2017

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THE ASSOCIATED PRESS

# Why we need 'none of the above'

### OPINION

**Voters in N.S. are  
feeling alienated  
— and have a right  
to express that**



**Tristan  
Cleveland**  
For Metro | Halifax

An option will be missing  
from the ballot on Tuesday:  
none of the above.

Twice as many people  
actively disapprove of our  
premier than approve of him.  
All three of our main party  
leaders have abysmal approval  
ratings of 34 per cent or below.

Disaffected Nova Scotians  
deserve an official way to  
communicate their frustra-  
tion. Right now, they have the  
option to leave their ballots  
blank, but these "rejected"  
ballots get lumped in with  
ones people just screwed up. If  
people stay home, they'll only  
send the message that polit-  
icians can safely ignore them  
next election.

If a large proportion of  
Nova Scotians feel alienated  
by our parties and leaders, giv-  
ing them no official option to  
express that feeling can only  
make it fester.

For Duff Conacher of Dem-  
ocracy Watch, the none-of-

the-above option is necessary  
"to respect the full rights of  
voters. Because sometimes the  
party you support doesn't have  
a candidate in your riding or  
you don't support any of the  
parties because of what their  
platforms say."

It's simple: if "none of the  
above" is the preference of vot-  
ers, they should be free to vote  
by their preference.

Four provinces — Alberta,  
Manitoba, Saskatchewan and  
Ontario — allow people to  
officially "decline" ballots by  
giving them back to the elec-  
tions officer, but Conacher  
says that's not good enough.  
"Declining your ballot" is an

obscure term. I prefer plain  
language to what you're ac-  
tually doing, because you're  
there, you're voting. You're  
voting none-of-the-above."

When the federal govern-  
ment debated introducing  
such an option back in 2001,  
they proposed including a line  
for voters to briefly state their  
reason. If elections agencies re-  
ported on these responses, par-  
ties could better take action on  
what voters feel is missing.

I get the sense that if we  
had that option, a lot of Nova  
Scotians may well use it this  
election.

The NDP believe that since  
any government payouts lead

to some economic growth,  
they can abandon hard choices  
in favour of unlimited spend-  
ing. The Progressive Conserva-  
tives — the party of "Vision.  
Action. Boring." — have for  
four years taken any and all  
opportunity to criticize govern-  
ment while putting forward  
too few of their own ideas.

As for the Liberals, if we're  
going to accept austerity, we  
have to have a better goal for  
what we're working toward  
than things being kind of OK.

Nova Scotia views itself as  
poor with few options, but our  
per capita GDP would make  
us about the 24th wealthiest  
country in the world, if we

were one. We have plenty of  
potential, so why aren't polit-  
icians putting forward bigger  
ideas for our future to get truly  
excited about?

Now, it's easy to be nega-  
tive, and every politician in the  
province is doing a harder job  
than what I'm doing by writ-  
ing this column. But if there  
is legitimate frustration with  
our current political culture,  
we need an official democratic  
way for voters to express it.

If our system ignores alien-  
ated voters, it can only alien-  
ate them more.

**Leaders target key ridings  
in final days before election**  
metroNEWS



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**HALIFAX HEROES** Ordinary people doing extraordinary things

# Using her title to help others

COMMUNITY

**New Ms. Nova Scotia ready to make an even bigger impact**

 **Yvette d'Entremont**  
Metro | Halifax

Mention Ms. Nova Scotia, and dresses and tiaras will likely come to mind, well ahead of dirt and community service.

But getting her hands dirty is what Kay Bosch Dorrington, 28 — crowned Ms. Nova Scotia 2017 on May 21 — intends to do.

"A lot of people here in Halifax don't even know the pageant exists and if they do they think it's a beauty thing. I want to be able to get my hands in there and get dirty and do things," she said.

From getting her hands dirty working in community gardens to speaking with youth about issues including race, bullying, self-esteem and suicide, Dorrington plans to reach as many people as possible.

The Halifax resident has been an active community volunteer since she was 12. She plans to use her newfound title to expand her volunteerism in the community.

"I'm actually trying to contribute to my province and



**I want to get my hands in and help people.**

Kay Dorrington

Kay Dorrington hopes to help mentor women and youth in various ways. METRO FILE

help out, not just sit in a car and wave at people in a parade. I want to be more than that."

To date, with the exception of Meals on Wheels, much of her volunteerism has been youth-focussed.

In addition to volunteering with youth through the YMCA and her church community, Dorrington has given her time

to youth camps and dealt with local youth coping with challenging situations.

"I had decided before doing

the pageant to speak out some about some of the things I've been through," she said.

"I wanted to do something about some of the stuff other youth around me had told me. Talking about bullying, being harassed. I dealt with it my entire life."

Dorrington said as a young black woman who has her own business, she hopes to help mentor other women in various ways.

She was also in a mentally and physically abusive relationship for five years, and is open to speaking out in the hopes it could help someone else.

"I have been through a lot and I really want to reach out and help wherever and however I can," she said. "Whatever you have, whatever it is... if it's a program that I can help with, I want to get my hands in and help people."

 **NOMINATE**

Each week, we will profile an unsung volunteer hero in our community as part of Halifax Heroes.

To nominate someone, email philip.croucher@metronews.ca, Metro Halifax's managing editor, or tweet @metrohalifax using the hashtag #HalifaxHeroes



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# 'I broke the cycle': Survivor of abuse

CAMPAIGN

## Woman speaks out at march to stop domestic violence



**Nicole Gnazdowsky**  
For Metro | Halifax

You don't need to feel the shame, because the shame isn't on you.

That was the message delivered at the stop the violence march by Kassinda Tolliver, a survivor of domestic abuse who found the courage to seek safety for herself and her young children after suffering for years at the hand of a domestic partner.

Tolliver spoke to a crowd of about 70 people, clad in red in support of the fifth annual Stop the Violence march at Grand Parade on Sunday afternoon.

"A little over two years ago I started to hear my own voice, after I was brutally attacked for the last time. That day I made a decision that changed the course of mine and my children's lives forever. I broke the cycle and the silence and I called the police and I pressed charges against the man that I once loved," said Tolliver.

With the help of a strong support network consisting of co-workers, family and her church, Tolliver said she took her children to Bryony House, the local women and children's



**Kassinda Tolliver speaks at Sunday's Stop the Violence march at Grand Parade in Halifax.** NICOLE GNAZDOWSKY/FOR METRO

## + MARCH

Sunday's event also included a march through the city, led by Quentrel Provo, the man behind Stop the Violence.

shelter, and never looked back.

"I was motivated to find safety for myself and my children, and at that point I understood that this meant that I had no choice but to leave that relationship. In the days and months after moving into Bryony, I learned to find the resiliency in me to survive, that I wasn't a statistic, and I started to tell my story," she said.

Tolliver now works closely

with the organizations that have helped her and her family — recently becoming the first women who used Bryony House services, to sit on their board of directors — to ensure other women in similar circumstances, can too, find their voice.

"I had a really great support system but I think that half the battle is people are scared to speak about it because it's such an intimate issue, having family violence in your home and people get stuck in the shame of living in it for so long without telling people so I just want, for my cause, women specifically to know that they can speak out, they can beat violence and thrive afterwards."

## Sharing our vision for Halifax

### United Way Halifax Annual General Meeting

Wednesday, June 14, 2017 | 4 pm

Scotiabank Auditorium, Marion McCain Arts & Social Sciences Building, Dalhousie University (6135 University Ave., Halifax, NS)  
Reception to follow



**United Way**  
Halifax

- United Way Halifax By-Law Article 4.03a states the report of the Governance Committee outlining nominations to the board is available at United Way Halifax, 46 Portland Street, 7th floor, Dartmouth, Nova Scotia B2Y 1H4
- Additional nominations may be made in writing signed by at least ten (10) Members of the Organization\* and shall be received not less than seven (7) days prior to the Annual General Meeting, together with a statement in writing signed by such nominee indicating a willingness to serve as Director if elected (By-law Article 5.04b).
- No candidates, other than the nominated as set out above, shall be eligible for election at the Annual General Meeting. An individual shall be qualified for election to the Board if the age of majority and if not an employee of the corporation (By-law Article 5.03).
- A motion will be made to change the Bylaws and a report of the proposed changes may be examined at United Way Halifax, 46 Portland Street, 7th floor, Dartmouth, Nova Scotia B2Y 1H4 during the fifteen (15) day period preceding the meeting (By-law Article 4.03a iii).

Sara Napier, President and CEO  
United Way Halifax

\*Members of the Organizations are residents within the boundaries of the Halifax Regional Municipality and the Municipality of East Hants who uphold the mission and vision of United Way Halifax.



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**metroNEWS** Halifax

Monday, May 29, 2017

Nova Scotia  Votes

## The final push for victory

### ELECTION

#### Leaders hit target ridings on last few days

Nova Scotia's three major party leaders lobbied for every possible vote Sunday, targeting ridings that are expected to be highly competitive in Tuesday's provincial election.

NDP Leader Gary Burrill visited a community food centre in the riding of Dartmouth-North, where candidate Susan Leblanc is expected to mount a stiff challenge to incumbent Liberal cabinet minister Joanne Bernard. The riding is in a working-class area of Dartmouth that had been a safe NDP seat for 15 years until Bernard won it in 2013.

In between pushing loads of dirt in a wheelbarrow as volunteers helped to plant vegetable gardens outside the food centre, Burrill said the party is optimistic it can make a strong showing there and in several other Halifax-area ridings that were formerly NDP strongholds.

"We've had a strong tradition



Nova Scotia's main political party leaders: Liberal Leader Stephen McNeil, left, NDP Leader Gary Burrill, centre, and Tory Leader Jamie Baillie. THE CANADIAN PRESS FILE PHOTOS

here (Dartmouth-North) for a long time," said Burrill. "We are running a campaign all across the province, but we have some very strong candidates in Dartmouth and Halifax. We are very excited about their chances so we are putting all the effort that we can into those ridings too."

Leblanc, an actor and the co-artistic director of Zuppa The-

atre, said she has found a receptive audience to the NDP's message of investing in people.

Meanwhile, Premier Stephen McNeil rallied with Liberal troops on the grass outside a library in Hammond Plains Sunday morning, waving at passing cars and shaking hands with red-clad sign-holders. Supporters of incumbent Ben Jessome chanted

"Ben again" over the sound of honking horns.

Jessome is thought to be in a tough three-way race in the Hammonds Plains-Lucasville riding, with Tory Matt Whitman thought to be his biggest threat.

But McNeil said every riding is equally important to his party in winning a renewed majority. The Liberal leader was to take his

**112,900**

Elections Nova Scotia said just over 112,900 people voted in advanced polling that wrapped up Saturday. Spokesman Andy LeBlanc said 20,783 of those votes were cast on the final day alone.

campaign to Cape Breton later Sunday, where there are also expected to be several close races.

Progressive Conservative Leader Jamie Baillie made an appearance in the Cape Breton riding of Victoria-The-Lakes, where former Tory MLA Keith Bain is trying to reclaim the seat from Liberal incumbent Pam Eyking. Bain represented the riding for seven years until losing to Eyking by 303 votes in 2013.

From there Baillie pushed on to Antigonish, where he held more rallies focusing on the state of health care — an issue polls have shown is a Liberal vulnerability.

THE CANADIAN PRESS

### Halifax DIGEST



#### Taxi driver's sex assault acquittal to be appealed

An appeal date has been set in the case of a Halifax judge's controversial decision to acquit a taxi driver of sexual assault.

Both the morning and afternoon of Nov. 22 have been set aside for a panel of judges in the Nova Scotia Court of Appeal to hear arguments from the Crown and defence on Judge Gregory Lenehan's March 1 decision to find Bassam Al-Rawi not guilty.

HALEY RYAN/METRO

#### Man has gun pointed at him on return from dog walk

Police say a Dartmouth man came home from walking his dog Saturday morning to having a gun pointed at him.

Halifax Regional Police say the victim returned from his walk in the 100 block of Windmill Road, went into his home and had someone pointing a firearm in his direction before the suspects left the premises in a getaway car. METRO



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## DIGEST

### MANCHESTER

#### Britain remains on alert

British police made two more arrests and stormed three more locations Sunday as they hunted for suspects in the Manchester bombing, while a government minister said members of attacker Salman Abedi's network may still be at large. Police said two men — one 25 years old and the other 19 — were arrested in the city on suspicion of terrorist offences. 11 other men were in also custody. AP

### WHITE HOUSE

#### Trump eyes staff overhaul

President Donald Trump is considering overhauling his White House staff and bringing back top campaign strategists, frustrated by what he views as his team's inability to contain the crisis involving alleged Russian meddling in the election. Teams of lawyers and experienced public relations hands are being recruited to deal with revelations about Moscow's interference and possible improper dealings with the Trump campaign and associates. AP

### PHILIPPINES

#### Situation in Marawi dire

Philippine forces found corpses in the streets of a besieged southern city on Sunday, including at least eight civilians who appeared to have been executed, as soldiers battled a weakened but still forceful group of militants linked to Daesh. The death toll from six days of fighting neared 100.

The crisis in Marawi has grown dire as the militants fend off a military that has unleashed attack helicopters, armoured vehicles and scores of soldiers. AP



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Andrew Scheer, centre, newly elected leader of the Conservative Party of Canada, with his rival Maxime Bernier, left, following the final vote on Saturday. GETTY IMAGES

# Moment of youth for Tories

### NEW LEADER

## Can Andrew Scheer lure young voters from Liberals?



**Ryan Tumilty**  
Metro | Ottawa

With Andrew Scheer, the Conservative Party picked the youngest leadership choice available this past weekend, but it's unclear whether that will be enough to attract key younger voters.

At 38, Scheer is younger than Prime Minister Justin Trudeau or current NDP Leader Tom Mulcair.

The Conservatives lost in 2015, not because their core support left them but because a new crop of 18- to 34-year-old voters turned out to support Justin Trudeau.

James Hawkes, 25, is among Scheer's supporters. Joined by fellow party members in Saskatoon, where he is involved with campus Conservatives, he watched his preferred candidate come to victory. Hawkes has no doubt Scheer will be able to bridge the generational divide.

"He's the closest thing we have

had to a millennial in any of the major parties," he said. "Andrew is going to appeal to youth, definitely."

Hawkes said millennials don't all think the same way and Scheer's pledge to remove funding from universities that don't protect freedom of speech will have broad appeal.

"They don't feel they're allowed to speak about what matters to them and their beliefs on various topics."

Quito Maggi, president of Mainstreet Research, polled extensively on the race. He said even though Scheer is younger he's unlikely to tap into the youth vote.

"Despite Andrew Scheer's appearance and age they picked the wrong candidate to appeal to millennials," said Maggi. "With his ideology, with his policy background, I don't think he is going to have an easy time."

He said Scheer's social conservatism — even if he is committing not to legislate on it — is going to be a tough sell for younger voters.

Maggi said he believes Scheer is banking on those voters staying home or gravitating to a new NDP leader in 2019.

"He's not interested in increasing the size of the Conservative tent," he said. "There is no real interest in reaching out."



# THIS ELECTION IS ABOUT THE FUTURE OF THIS PROVINCE AND ITS PEOPLE.

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And to achieve that goal, we need a strong economy. Growth in our economy and the province's finances is giving us the ability to invest more in health care, education and helping those that need it the most.

Over the past four years we have worked hard together to balance the provincial budget and create investment opportunities in our people. Our plan to build on this success is detailed, progressive and realistic. Our opponents' plans are not.

- **We will enhance health services and increase access to care** through the expansion of the Halifax Infirmary.
- **We will reduce waits for services** by creating more collaborative care teams and hiring new nurse practitioners, doctors and specialists.
- **We will invest more to address waitlists for surgeries**, including hip and knee replacements.
- **We will keep more of our sons and daughters at home** in our province through youth hiring programs – creating more than 2,700 new jobs.
- **We will provide universal pre-primary in our schools for all four-year olds**, saving young families up to \$10,000 in child care costs.
- **We will cut income taxes** for 500,000 middle income Nova Scotians and those who need it most.
- **And, we will help more seniors stay in their homes** by providing financial assistance to caregivers with \$400 per month.

Our province and its people have a great future ahead of us.  
Let's Keep Building on a Stronger Nova Scotia.



**STEPHEN MCNEIL,**  
LIBERAL LEADER



**Liberal**

AUTHORIZED BY THE OFFICIAL AGENT FOR THE NOVA SCOTIA LIBERAL PARTY

BUILDING ON A  
**STRONGER**  
NOVA SCOTIA





## URBAN ETIQUETTE ELLEN VANSTONE



### THE QUESTION Do I really have to use someone's preferred pronouns?

Dear Ellen,

My 22-year-old son has a friend who looks and sounds female to me, but he says she is "non-binary," meaning not male or female. I'm supposed to call her "they" or "them." I try, but I find it very confusing and often forget to use the correct pronoun, which makes my son furious. He says I'm being rude and insulting, but isn't it a bit rude to expect me to change how I talk to accommodate someone else's radical views?

Confused Mom

Dear Confused Mom,

Wowza, ma'am. You have opened a giant tinderbox here, but it's a good one, and increasingly relevant, so let's discuss.

First, consider a similar language issue from another era. Before the term Ms. came in, men were identified as Mr., regardless of marital status, while women were identified as Mrs. or Miss. In other words, with a

simple honorific, society instantly divided women into married (off limits, i.e., sexually unavailable) or single (sexually available if young, or proven sexual reject if older).

Many chauvinists (male and female) fought the use of Ms., suspecting (correctly) that it threatened the patriarchal status quo by chipping away at how

female humans overall are seen and defined. But in terms of etiquette, the rules are on the side of Ms. — that is, if you believe etiquette means treating all human beings as equal (which it does). Simply put, all humans are equally entitled to keep their marital status private in public and on paper. So the use of Ms. has rightly prevailed, and we should

all use it, unless a woman insists on being called Mrs., in which case one should politely respect her wishes to be so identified.

Your non-binary pronoun question is complex, but similar. The request feels unreasonable because it doesn't make sense to people who grew up thinking the world was male or female, period. It helps if you try to understand that "being" male or female, or neither, is not a choice or a "radical political view." It's a real feeling, rooted in a sense of personal identity.

But whether you understand this or not, or like it or not, the right thing to do is respect your son's friend's request and make an effort to use the neutral pronoun.

Don't worry if you make mistakes — as long as you proceed in good faith and make an honest effort, they can be politely patient with, and appreciative of, broad-minded you.

Need advice?

Email Ellen:

askellen@metronews.ca



Ani Castilla

## With reality-TV flair, Tories choose 'nice guy'



**Vicky Mochama**  
Metro | Toronto

Poised to pick a bombastic-yet-unknowning TV businessman then finding a contender in a Quebec libertarian, the Conservative Party of Canada picked a man who definitely has a Wikipedia page.

The Saturday night selection of Andrew Scheer was done with a dramatic panache worthy of some of the best reality television producers. It is a nail-biting style that, let's be honest, I did not think the Conservatives had.

Polls closed at 4 p.m., but the party didn't announce a leader until the evening.

This could be thanks in part to the fairly technical voting process, involving ranked ballots and a points system.

Back in 2004, they had to figure out all this by hand, but this year the process was automated.

In all likelihood, the computer had already done the math by 4:30 p.m., and was onto planning world domination by the time the Conservatives crowned Scheer.

But why squander the chance to own the airwaves? And why not become a trending topic on social media where I, a millennial without cable, could follow along as

people united to hate on Kevin O'Leary?

The producers of America's Next Top Model, The Bachelor, Project Runway and other fine fare couldn't have done better. It would only have been more delightful if, in his acceptance speech, Scheer announced he wasn't here to make friends.

In round after round, Maxime Bernier led the ballots until the very last one when Scheer *juuust* outscored him.

In many ways, it reminded me of the first season of Paradise Hotel when after a season of mostly being ahead, Dave, an affable man, was screwed over by his partner, Charla, a "nice girl" with the heart of a super villain.

Sure, the nice guy won on Saturday, but at what cost?

For most Canadians, Scheer is not well known. A field of 14 candidates during an unruly time did not help. As the country heads towards the 2019 election, the stakes are high: modest

overall economic growth is being challenged by a recession affecting Calgary and Edmonton, and a heated housing market in Toronto and Vancouver — while internationally, an overgrown infant threatens the stability of global peace.

The party managed a couple hours of drama. Now they'll have to produce several seasons of the Scheer Show.



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## Stranger than *fiction*

### TELEVISION

#### Trump's reign renders *House of Cards* irrelevant

**Tony Wong**  
life@metronews.ca

*Spoiler alert: Story has details of previous seasons*

Frank Underwood is a killer.

We know this because the fictional president once shoved a reporter in front of a subway car. Finely and indulgently played by Kevin Spacey, Underwood is mercurial, cunning and the most dangerous man on television.

Yet current events have conspired to make the infamous fake

president seem reductive and, improbably, smaller than life.

*House of Cards* returns for a fifth season, with Spacey and first lady Claire Underwood (Robin Wright) as the rulers of an alternate Camelot, a kind of sociopathic Bill and Hillary Clinton. At any other time this would be substantive, trippy entertainment. The darkness of the show played well during the seeming naïveté of an Obama administration.

And then came Donald Trump.

Spacey plays Underwood on TV like it was written by Shakespeare, a politician who plays three-dimensional chess when the other guys are playing hopscotch after a dozen beers. The beauty of *House of Cards* was that it took you deep into the bowels of the West Wing, while our anti-hero president vanquished foes like a true Mas-

ter of *Whisperers*. It sometimes took an entire season to pass a crucial piece of legislation using those dark arts. But the details were exquisite.

Now there is Trump. Suddenly it's apparent that you don't need experience, or smarts, or even a basic understanding of world affairs to be president. While Spacey's playbook is right out of Machiavelli's *The Prince*, Trump is absurdly cartoonish, his clumsy manoeuvres stolen from *WrestleMania*. That's not surprising, since the president sits in the WWE Hall of Fame.

With Trump we have learned that sophistry does not win you points. Or an election. Why be like Frank Underwood, delicately tap dancing through congress when the blunt instrument of an executive order is far more to the point?

Trump doesn't care about the

fine print, and so far, despite stumbling past his first 100 days, he's still gamely hanging on, a wounded, angry creature. Underwood's southern charm is benign by comparison.

Like HBO's comedy *Veep*, about a narcissistic, over-the-top politician clinging to power played by Julia Louis-Dreyfus, *House of Cards* has been usurped by reality. It's hard to satirize a president who is satirizing himself.

Still, *House of Cards* has often veered into excess, sharing more DNA with *Veep* than *All The President's Men* as it careened from drama to black parody.

That seemed evident last season when the president decided to put his wife on the ticket as the vice-president. That sort of nepotism would be laughable — and arguably, it detracted from the realism of the show.



Kevin Spacey and Robin Wright return for a fifth season of *House of Cards*. CONTRIBUTED

But then Trump put his daughter Ivanka in the White House and let his son-in-law Jared Kushner handle foreign affairs, all the while continuing to blatantly profit in his business from political connections while a special

investigator decides whether his staff was colluding with Russians.

Rest in peace, *House of Cards*. You delivered a decent season with fine performances. But the world has, incomprehensibly, passed you by. TORSTAR NEWS SERVICE

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# Using farmers to save badgers

## CONSERVATION

**Endangered creatures rely on the help of farms to live**

**Owen Roberts**  
Urban Cowboy



Ontario's 200 endangered badgers are hanging on by a thread. And their habitat — perhaps even their future — depends a great deal on farmers.

Badgers live in burrows around the perimeters of farmers' fields and creek-sides. They're common in Western Canada and parts of the U.S., where they're sometimes scorned for leaving holes that can ruin expensive farm equipment.

But not in Ontario. Here, badgers are scarce and elusive.

Biologist Josh Sayers, leader of the Ontario Badger Project, a conservation program to save the grizzled grey creatures, calls them "ghost-like."

Indeed, because they're nocturnal, few people ever see them. Plus, they have a huge range that they move within every few days. One badger around Tillsonburg, Ont., called 80,000 acres home. That encompasses many farms.

"Because badgers' range is so broad, we need farmers to work together to help maintain habitat," says Sayers. "Nearly all of our work takes place on farms. For badgers, agriculture is huge."

Sayers has worked with farmers for eight years to help badgers survive. Through farm visits and through the project's website, he answers questions about these mysterious crea-



The nocturnal creatures are sometimes scorned in the U.S. for leaving damaging holes. PHOTOS: COURTESY ONTARIO BADGER PROJECT



## THE FUTURE of FARMING

### Badger spotting

Spot a badger burrow on a hike? Call the hotline 1-877-715-9299 (toll-free) or email [info@ontariobadgers.org](mailto:info@ontariobadgers.org).

Badger burrows are about 10 inches in diameter and may have claw marks around their entrance. Call, too, if you find one killed on the road. It's better to do this sooner rather than later — before they decompose or become food for scavengers.

### Kissin' cousins

Researchers set up Velcro "hair nags" at the top front of suspected badger burrows, to collect hair for DNA analysis. Because badger numbers are so few, studies can identify each badger through such analysis, and determine relationships between them — particularly, how inbreeding might be threatening the species' survival.

tures — their distribution and abundance, habitat, prey (they're carnivores), mortality, and how they fit into the agricultural landscape of southern Ontario.

It's an uneasy existence

for badgers here. This is the eastern fringe of their continental range, so they were never very plentiful here to begin with. And it doesn't take much to disrupt their ecosystems, like cities swal-



Researchers have fitted 10 badgers with radio transmitters before releasing them back into the wild.

lowing up Ontario farmland. That makes farmers' conservation efforts even more important.

But even at the best of times, how do you keep track of 200 badgers in a province the size of Ontario?

Well, besides registering

activity such as burrows and sightings (including road kill — see sidebar) Sayers and a handful of others, including researchers at the University of Guelph, have outfitted 10 badgers with small radio transmitters.

Through a dozen motion-

## FARM poll

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activated trail cameras (sorry, no badger cam) strategically placed near known burrows, they monitor the animals' movement.

Such remote surveillance beats trying to follow a badger on foot, from county to county, or meeting one face to face, especially if it feels threatened. Badgers are known for punching above their weight, as seen in the video that went viral of the badger in Utah burying an entire cow carcass.

But despite their ferocity, badgers' future depends on farmers' help with habitat.

And they're getting it.

Over the past 30 years or so, various levels of government and conservation authorities have helped farmers replant thousands of acres of trees, and retire fragile land along creeks, rivers and lakes.

Those measures are vital for food, water and shelter for many wild animals, including badgers.

"There's a very strong and growing ethic in the farm community to appreciate and manage the landscape for biodiversity," says Harold Rudy, executive officer of the Ontario Soil and Crop Improvement Association. "We run a lot of conservation programs and workshops for farmers across Ontario, and they are almost always sold out."

Owen Roberts is an agricultural journalist at the University of Guelph. Follow him on Twitter at @TheUrbanCowboy.



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# TOP 150 FOR 150

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## We're crunchy and smooth

### TASTE BUDS

### Peanut butter was invented by a Canadian

Sean Plummer

George Washington Carver often gets the credit for inventing peanut butter, and, indeed, the American inventor with the peanut preoccupation came up with some 300 uses for the versatile legume, among them shaving cream, glue and chili sauce.

Centuries before, the Aztecs and Incas ground roasted peanuts into a paste, purportedly for a toothache remedy. But it was

Montreal-based chemist Marcellus Gilmore Edson who successfully applied for American patent #306727 in 1884. That patent was for a peanut paste — a precursor to modern-day peanut butter — to be used in a peanut candy.

Edson's process milled roasted peanuts into a paste which he mixed with sugar to harden its consistency. The final product was akin to "butter, lard, or ointment," according to his patent application.

Edson hoped that the nutritious foodstuff would be amenable to consumers who had trouble chewing solid food, a common condition in his day.

Other inventors, including John Harvey Kellogg (yes, the inventor of corn flakes) refined the process, but Canadian Edson was there first.



Peanut butter was patented in 1884 by Montreal-based chemist Marcellus Gilmore Edson for a chewy candy. ISTOCK

## The True Norse

Five hundred years before Christopher Columbus set foot on North American soil, Norse Vikings, including Leif Erickson, landed at what is now L'Anse aux Meadows on Newfoundland's northernmost tip.

The Vikings called it Vinland. The site was excavated in the 1960s by archeologists Helge and Anne Stine Ingstad and declared a UNESCO World Heritage Site in 1978. Today, it's a popular tourist attraction full of Viking-costumed interpreters. SEAN PLUMMER



Norse Vikings landed on North American soil 500 years before Christopher Columbus. ISTOCK

## Egg-cellent

B.C. newspaper publisher Joseph Coyle saved countless breakfasts when he invented the now-famous egg carton. His inspiration was a dispute between an egg farmer and a local hotelier sick of having broken eggs delivered. Coyle patented the idea in 1918 and the rest is grocery history. SEAN PLUMMER

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# HEADLINE

COFFEE

## Many rich returns

Peruvian Café de Monteverde

By: Sean Deasy



Café de Monteverde makes Peru worthy of revisiting for coffee lovers

Certain countries have so much to offer that they're worth exploring again and again. The same can be said for some of the world's coffee-producing nations. Peru, for instance, produces some of the planet's best coffee, and is a leader in organically grown beans. And when it comes to flavour, the South American coffee giant is certainly no one-trick pony, yielding vastly different types of beans depending on the region.

Café de Monteverde is a perfect example. Located in Rodríguez de Mendoza in the Amazonas region of northern Peru, this co-op actually produces varieties that include Arabica, Typica, Catimor, Caturra, Pache and Catuai.

And that's within just one region: whatever your

Peruvian coffee of choice, it's very much the product of its local origin.

"You have different mountain ranges, different sunlight, different shade, different soil, different rainfalls," says Eric Shabsove of Mountain View Coffee in Toronto, chief curator of the Headline Coffee series. "There are all kinds of different micro-climates throughout the country. All this translates into wonderfully unique taste characteristics. Beans from one farm next to another farm won't necessarily taste the same. That's what's exciting about going back to a country like Peru and trying a different region."

Café de Monteverde's coffees are shade grown at an altitude of 1,400–1,800 meters above sea level. Thanks to the micro-climates particular to

Rodríguez de Mendoza, growers can harvest all year long, with increased production between April and December. The harvest begins by selecting mature red cherries to ensure a greater concentration of sugars. Beans are then pulped, washed and fermented (fermentation is typically an 18- to 24-hour process).

The outcome is a bean that creates a smooth and well-balanced coffee. It's exquisite taste—delivering on the promise of a wonderful aroma—is a rich body of brown sugar and refined caramel notes. Café de Monteverde coffee may indeed have the perfect ratio of sweetness to acidity, says Shabsove.

### Facts & figures

The Café Monteverde co-op was founded in 1989—comprising 12 families with deep roots in agriculture, conservation and education—to better serve the needs of local coffee producers. That meant striving to improve technical support to farmers, encourage best environmental practices and help its members reach international markets.

The significance of opening that door to wider markets cannot be understated.

### Shabsove explains:

"Not that long ago, farmers in this region still had very small farms—perhaps half an acre, or two or three acres of land. And they would pick their harvest, come down from the hills with their donkeys or mules, and they try to sell their coffee to the buyers who would be at the bottom of the hill. Sometimes there might have been only one buyer there." Tragically, says Shabsove, these farmers were typically taken advantage of, simply because there wasn't a consistently reliable source of buyers for their coffee. "And so any price, invariably, would have to be the price they got," he laments. "But with

the advent of Café Monteverde, it presented all kinds of advantages including, ultimately, by establishing a fair set price."

### Repping the region

Today Café de Monteverde represents several producer organizations, including La Flor del Café, comprised of nearly 300 Fairtrade (FLO) and Organic certified producers. The co-op provides technical assistance and training for its members, financing and marketing services and helps manage the producers' organic and Fairtrade certifications.

It also offers mentorship and training to help farmers manage their resources and enhance their agricultural productivity. Individual meetings occur throughout the year covering topics such as soil conservation, pest management, harvesting and cultivation.

These are tangible benefits for farmers who produce high quality coffee, and that includes the provision and installation of solar drying tables and fermentation tanks. These benefits are real incentives for farmers to continually improve their coffee quality and processing techniques.

### Sustainability soars

As part of the co-op's commitment to the environment, Café de Monteverde is assessing projects that would benefit their surrounding land and community. Project proposals include efforts to use more efficient irrigation systems, creating a sanctuary for local flora and fauna and developing better waste management systems.

This is organic coffee production at its best: The co-op is deeply involved with their farmers at every stage, including the planting of seedlings, water conservation, maintenance of soil fertility, organic matter composting and organic methods of pest control.

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The Baseball Hall of Fame presented a plaque to Homer Simpson to honour the 25th anniversary of the Homer at the Bat episode

## Top duo have Pens flying high

**2017 NHL PLAYOFFS**  
**FINAL LOOKAHEAD**

### Crosby, Malkin providing bulk of brilliance in latest Cup run

Above all else, the Pittsburgh Penguins are here in the Stanley Cup final chasing history because of two long-time organizational pillars: Sidney Crosby and Evgeni Malkin.

Crosby and Malkin helped the Penguins climb from the depths of the NHL to the pursuit of a third title in the last nine years and, potentially, the first repeat win in the salary cap era.

"They're both special," Penguins winger Phil Kessel said. "If you watch them out there, they do some pretty special things."

Good fortune is largely why both ended up in Steeltown.

The Penguins were the NHL's worst team in the 2003-04 season, but it was the Capitals who drew the first pick and opted for Alex Ovechkin. That left Malkin there for the taking at No. 2. Over a year later, every team in the league had a shot at the No. 1 pick after the '04-'05 lockout, but the Pens — one of four teams with the maximum three lottery balls — emerged as the winner of the Crosby sweepstakes.

A franchise was changed — and perhaps saved — as a result.

Crosby and Malkin have won two Cups for the Penguins and rank as two of the most prolific post-season performers in history. Crosby is tied for ninth all-time with 1.11 points-per-game, trailed closely by Malkin in 15th at 1.07.

"They just do whatever it takes to win," said Justin Schultz,



Sidney Crosby speaks to reporters at PPG Paints Arena where the Stanley Cup final opens Monday. BRUCE BENNETT/GETTY IMAGES

struck by the competitiveness habits of the duo when he joined the Penguins last season.

Crosby said he was motivated more by the opportunity to win than any history at stake. Getting back wasn't easy — the Penguins won two series in seven games — and he wanted to take advantage. Pittsburgh also lost his and

Malkin's first trip to the final in 2008 and after winning in 2009, needed another seven years just to get back once more.

"We wanted to get back here and we knew that it was going to be difficult and there'd be a lot of obstacles and we found a way to get here now so it's up to us to do something with the

opportunity," Crosby said.

The Cole Harbour native can join one-time mentor Mario Lemieux, Steve Yzerman and Wayne Gretzky as the only players to captain back-to-back Cup winners in the last 30 years. He could eclipse even Mario with a third Cup (Lemieux has added two as an owner) and add to an already storied legacy, which includes a Conn Smythe Trophy.

Crosby and Malkin have already made a dent as the first team in the cap era to reach the final four times. They managed to get back this spring despite losing their best defenceman, Kris Letang, for the season and top goalie, Matt Murray, for the better part of the first two rounds.

The two are described by teammates as understated leaders who drive the group mostly by example. Malkin, though, has been chattering more and more

lately in the dressing room, according to Chris Kunitz, one of only five players left from the Cup-winning team in 2009.

It was little bits of positivity such as, "We can do this!" or "We've got to get better here!"

Kunitz thought Malkin, much like Crosby, was pressing the issue because he knew how rare the opportunity was.

Both players have shredded foes again in the post-season, ranked 1-2 in scoring — Malkin with 24 points, Crosby with 20.

Crosby set up Kunitz's series winner against the Sens and had six points over the final five games of the series. Malkin had three assists in a 7-0 Game 5 win and then scored his seventh goal in a Game 6 taken by Ottawa.

The Pens host the Nashville Predators in Game 1 of the Cup final on Monday.

THE CANADIAN PRESS

### + CROSBY AND MALKIN IN THE POST-SEASON

	■ <b>Goals</b> — Crosby: 56; Malkin: 55
	■ <b>Assists</b> — Crosby: 101; Malkin: 98
	■ <b>Points</b> — Crosby: 157; Malkin: 153
	■ <b>Points per-game</b> — Crosby: 1.11; Malkin: 1.07

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# Underdog LeBron ready to face Cerberus-like foe

NBA FINALS

## Multi-headed attack could be James' biggest challenge yet

There's a four-headed, shot-making, scoreboard-breaking monster out West awaiting LeBron James and the Cavaliers.

The Warriors are scary. James, though, can't run or



**I only play blackjack in Vegas anyway, so it doesn't matter.**

LeBron James's Cavs are +235 underdogs to win the NBA Finals according to SportsInformationTraders.com

hide. With eight NBA Finals appearances under his belt, he is ready to face a team he's called "a beast." And he's slayed behemoths before.

James was asked to assess the task at hand: beating Golden State's all-star-studded lineup

of Kevin Durant, Stephen Curry, Klay Thompson and Draymond Green. Is this the biggest challenge of his career?

"It's probably up there," he said. "I mean, it's up there."

The Cavaliers are being given little chance to defend their title

against the vaunted Warriors, who have been winning by an average of 16.3 points per game in the playoffs.

For the sixth time, James enters the Finals as an underdog. But the 32-year-old James is having one of his finest post-seasons, and the Cavs are gelling the way they did at this time last year.

Maybe James has nothing to fear.

"I feel good about our chances," he said. "Very good."

THE ASSOCIATED PRESS

## IN BRIEF

### Ellie Black takes national all-around gymnastics title

Ellie Black of Halifax regained her senior all-around title at the Canadian gymnastics championships Saturday.

Black finished the competition with 54.318 points, narrowly beating fellow Olympian Rose-Kaying Woo of Brossard, Que., who scored 54.051 to take home silver.

Jade Chrobok of Toronto was third. THE CANADIAN PRESS



Ellie Black  
GETTY IMAGES  
FILE

### Kisner holds off Spieth to seal victory at Colonial

Kevin Kisner birdied the first three holes on the back nine to take the lead and held on to win at Colonial despite a Sunday charge by defending champion Jordan Spieth.

THE ASSOCIATED PRESS

### Dumoulin wins Giro d'Italia

Tom Dumoulin won the 100th Giro d'Italia in dramatic fashion Sunday, reclaiming the overall lead in a final-stage individual time trial.

It's the first Grand Tour victory for the Dutchman Dumoulin. THE ASSOCIATED PRESS

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## Ingredients

- 16 oz fresh strawberries, hulled and quartered
- 1/4 cup sugar
- 1 cup mascarpone cheese
- 2 lemons, zest and juices
- 5 to 7 mint leaves, finely chopped
- 1 Tbsp sugar
- 2 tsp vanilla extract, divided
- 6 full-size graham crackers
- 1 cup oats
- 1/4 cup butter (1/2 stick), melted
- 2 Tbsp brown sugar
- 2 cups whipping cream, plus 2 Tbsp
- 1 tsp lemon zest

## Directions

1. Mix the strawberries with sugar and zest and juice of one lemon. Refrigerate at least 2 hours.
2. Mix the mascarpone with

lemon juice and zest, reserving 1 teaspoon for whipped cream. Add vanilla and sprinkle in mint. Stir in 1 tablespoon whipping cream. Blend until smooth.

3. Preheat oven to 325. Place graham crackers and oats in a food processor and buzz till like bread crumbs. Transfer to a bowl and mix in melted butter and two tablespoons brown sugar. On a baking sheet lined with parchment paper, spread crumbs out in an even layer. Bake 15 to 20 minutes, or until golden brown. Once cooled, store the crumbs in an airtight container or mason jar.

4. Using a stand mixer or electric hand mixer, mix whipping cream, lemon zest and vanilla until soft peaks form. Scoop into a piping bag.

5. Assembly: In a shallow dessert cup, put about two tablespoons of the graham mixture, two tablespoons of the mascarpone mix, a tablespoon or two of the strawberries, some more mascarpone and then top the whole lot off with some whipped cream and a teeny piece of fresh mint.

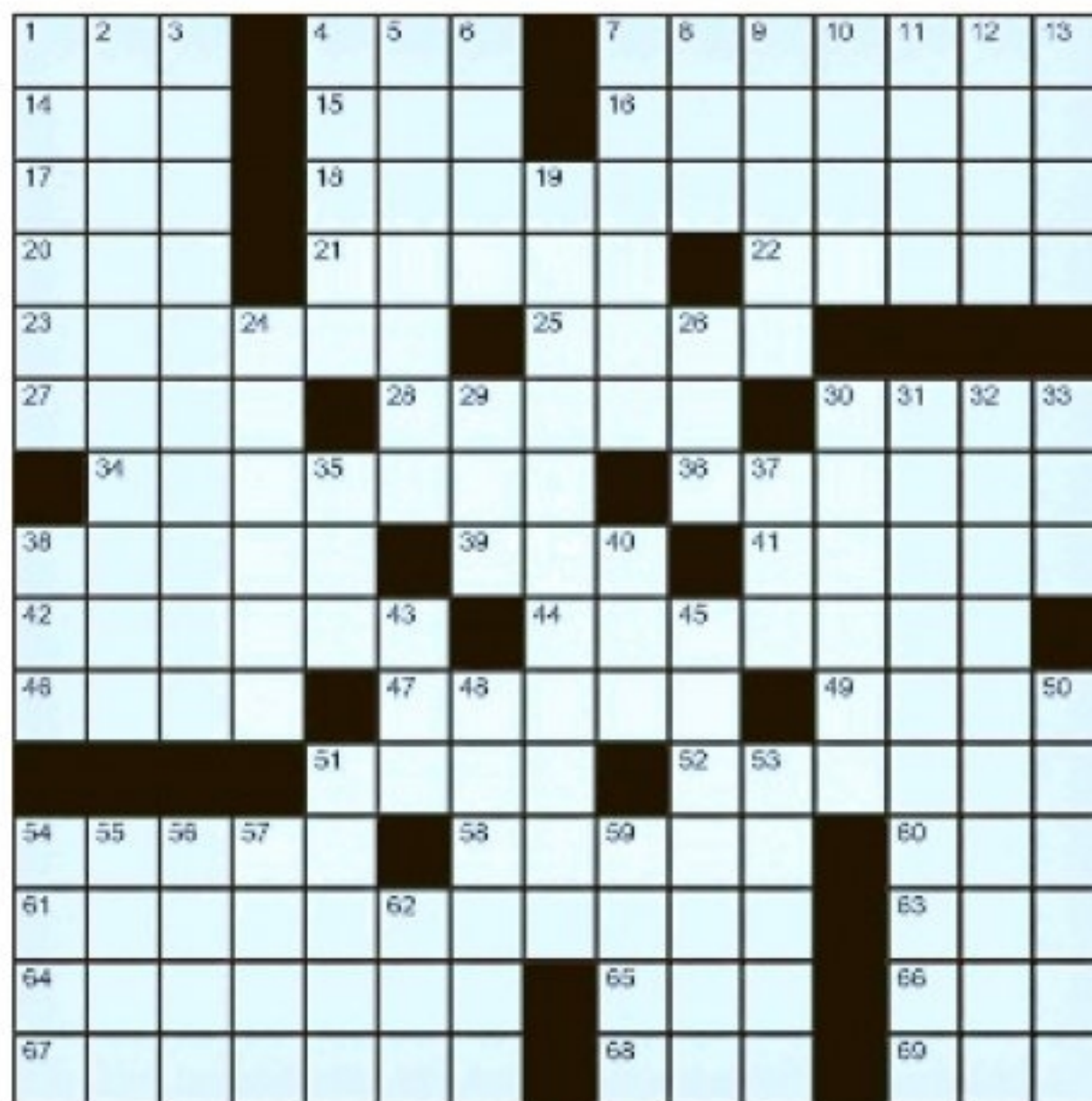
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Inclined
4. Humanities degs.
7. Montreal-born writer Mordecai
14. Thoroughfare topping
15. Qty.
16. Air Canada's in-flight magazine
17. Gladiator's 601
18. Grass emblem of Alberta: 2 wds.
20. US dog org.
21. \_\_\_ course (Soon enough)
22. Web commerce
23. Hamlet in Alberta north of Grande Prairie
25. Scream
27. Deer Lake's prov.
28. "Long Tall \_\_\_" by Little Richard
30. Climb
34. Luba hit tune: 3 wds.
36. Blood vessel implants
38. MasterCard rivals
39. Embassy diplomat [abbr.]
41. "Where \_\_\_": Beck hit in 1996
42. "The \_\_\_" by The Band
44. Double-reed instrument
46. SInS equivalents in The States
47. Humble
49. Ye's antiquated follower
51. Figure skater Johnny
52. Certain cars
54. Hidden hoard
58. Stranger



60. 'Persist' suffix
61. Provincial Park in Ontario sharing the name of the Lake Erie village where it is situated: 2 wds.
63. Marriage notice word
64. Outfits
65. From \_\_\_ Z

66. Late-summer fair in Toronto [acronym]
67. Sort of red-dish-brown
68. Equivalent word in a thesaurus, for short
69. NFL field measurements

## DOWN

1. When the first sunny crack in the day arrives: 2 wds.
2. Total tales: 3 wds.
3. Fills up bit by bit: 2 wds.
4. Comedian/actor Cheech
5. Amidst

6. Particular poker
7. Fix a shoe in a way
8. Like Beethoven's 'Pastoral' symphony, \_\_\_ Major
9. Angler's basket
10. Party thrower
11. \_\_\_ Brasi, "The Godfather" (1972) enforcer

12. Needle case
13. Merry dance
19. Bandleader of The Royal Canadians: 2 wds.
24. This is owned by me' info providers: 2 wds.
26. Variantly-spelled French lily
29. Range cooker name
30. Do some updating in the workshop
31. Financial woe
32. Emulate spiked hair: 3 wds.
33. Approx.
35. Suffix meaning 'like'
37. Shakespearean contraction
38. 'Das Auto,' cars, briefly
40. \_\_\_-relief
43. \_\_\_ Bo (Fitness system)
45. LXX
48. Diagnostic test
50. Makeup maven Ms. Lauder's
51. "What place?"
53. Joe \_\_\_ (Playwright of What the Butler Saw!)
54. Space sparkler
55. Anti-apartheid activist Desmond
56. \_\_\_ & Sciences
57. Water \_\_\_ (Summertime gear)
59. "Buenos \_\_\_"
62. However

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
This is a playful, fun-loving day. You will enjoy socializing with others. Sporting events will particularly appeal to you, along with fun activities with children.

**Taurus** April 21 - May 21  
This is more of a personal day for you. You might like to withdraw or retire somewhere quiet, especially your home where you can feel relaxed and protected.

**Gemini** May 22 - June 21  
This is a fast-paced, busy day for you. The upside is that your daily environment is stimulating! You might meet new people and see new situations. You certainly can learn something new.

**Cancer** June 22 - July 23  
Money and possessions are a priority for you today. (You're never casual about money.) If out shopping, you will be careful and wise.

**Leo** July 24 - Aug. 23  
Today the Moon is in your sign, boosting your energy and making you more emotional. This happens for two days each month. (Yes, the Moon will be in your sign tomorrow, too.)

**Virgo** Aug. 24 - Sept. 23  
Because you have been high-viz lately (and this will continue this week), use today and tomorrow to catch your breath. Hide somewhere, if you can.

**Libra** Sept. 24 - Oct. 23  
An interaction with a female friend will be important today. You might want to discuss travel plans or something related to publishing, the media, medicine and the law.

**Scorpio** Oct. 24 - Nov. 22  
This is a good day to think about your life's direction in general. What do you see for yourself in the next five years? What about this year?

**Sagittarius** Nov. 23 - Dec. 21  
You are the traveller of the zodiac — no question. Today you would love to get away and see someplace different. If you can't, be a tourist in your own city.

**Capricorn** Dec. 22 - Jan. 20  
Start this week by tying up loose details with taxes, debt, bills, inheritances and shared property. Get some of this stuff out of the way. (You'll love yourself for this later.)

**Aquarius** Jan. 21 - Feb. 19  
You will have to go more than halfway when dealing with others, because the Moon is opposite your sign today and tomorrow. This simply requires courtesy and cooperation.

**Pisces** Feb. 20 - March 20  
Think about how you can get better organized today so that you feel more on top of your scene this week. Do you have any good ideas?

# CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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4	2	6	1	8	3	7	5	9
3	9	2	4	1	7	5	8	6
7	1	4	6	5	8	9	2	3
6	5	8	2	3	9	4	7	1
9	4	3	8	2	5	1	6	7
8	7	5	9	6	1	2	3	4
2	6	1	3	7	4	8	9	5



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